





the old spaghetti factory


IT'S ALL INCLUDED

At the Old Spaghetti Factory “It’s all included” means a complete meal at one low price.
All our entrées include Italian Sourdough Bread with Whipped Garlic Butter; Minestrone Soup or Crisp Green Salad;
Spumoni Ice Cream; and Hot Tea or our own blend of Coffee.
Dressing choices include Ranch, 1000 Island, Blue Cheese, House Italian, Low-Fat Basil Balsamic or:
Substitute side Caesar Salad, Cranberry Goat Cheese Spinach Salad, Clam Chowder or Baked French Onion Soup 2.95

APPETIZERS

- Garlic Cheese Toast**
Mozzarella, parmesan, and cheddar cheeses with an extra kick of garlic and spice. Served toasted on ciabatta 8.95 
- Bam Bam Shrimp** Crispy breaded white shrimp glazed in spicy Sriracha sauce and garnished with fresh green onion 9.50
- Crispy Mozzarella Triangles** Breaded mozzarella fried until golden brown. Served with tangy dill or marinara sauce 9.25 
- Steamed Mussels** A pound of juicy mussels steamed in a white wine, garlic and tomato broth 10.50 
- Calamari Fritti** Lightly floured and seasoned calamari served with Tzatziki dip 10.25
- Chicken Wings** A pound of wings with choice of Honey Garlic, House Barbeque or Hot Sauce 12.95
- Chicken Tenders** Boneless chicken tenders fried until golden brown. Served with a choice of plum, honey mustard or sweet chili sauce 10.50
- Parmesan Sweet Potato Fries** Crispy sweet potato fries topped with fresh parmesan cheese. Served with a garlic aioli 8.95 

ENTRÉE SALADS

- Add hot grilled chicken or a skewer of sautéed prawns 3.95*
- Caesar Salad** Prepared with our signature Caesar dressing 13.95
- Cranberry Goat Cheese Spinach Salad** Prepared with almonds, apples, and cranberries with our own Honey Dijon dressing and topped with creamy goat cheese 13.95 

SPAGHETTI CLASSICS

- Spaghetti with Meatballs** Hand rolled meatballs served with Italian marinara sauce and topped with fresh parmesan cheese 18.95
- Spaghetti with IMPOSSIBLE™ Meatballs** Delicious hand rolled IMPOSSIBLE™ Meatballs. Made from plants, for meat lovers 20.95 
- Mushroom Alfredo Spaghetti** Whole button mushrooms sautéed in garlic and white wine. Blended with our creamy parmesan Alfredo sauce 17.25 
- The Manager’s Favourite**
Choice of any two of the sauces listed below 16.95
- Spaghetti with Browned Butter and Mizithra Cheese**
Our signature Mizithra is a deliciously salty cheese that is grated over our spaghetti and drizzled with browned butter 17.25 
- Spaghetti with Meat Sauce** Rich meat sauce made with premium vine-ripened tomatoes, onions, roasted garlic and herbs 16.50
- Spaghetti with Spicy Meat Sauce**
Our homemade meat sauce enhanced with additional spices and herbs 16.50
- Spaghetti with Marinara Sauce**
Prepared using premium vine-ripened tomatoes, caramelized onions, roasted garlic, olive oil, herbs and topped with chopped basil 14.50 

- Pot-Pourri Spaghetti with Meat, Mizithra Cheese and Marinara sauce**
A sampler for the undecided – generous portions of our most popular sauces 16.95

LUNCH SPECIALS

- Available until 4:00 pm
All sandwiches served with French Fries
- Lunch-Size Spaghetti** A hearty portion of spaghetti with your choice of sauce: Marinara, Meat, Spicy, Mushroom, or Mizithra cheese 14.50
- Lunch-Size Lasagna or Manicotti** 15.25
- Lunch-Size Fettuccine con Pollo or Chicken Penne** 15.25
- Hot and Crispy Chicken Club**
Crispy chicken breast with hickory smoked bacon, sliced tomato, red onion, fresh romaine and our signature spicy Sriracha sauce on a ciabatta bun 17.25
-  Porchetta Sandwich**
Seasoned slow roasted pork loin wrapped in pork belly with Italian salsa verde aioli on a toasted ciabatta bun 17.25
- New York Steak Sandwich**
A 6oz grass fed striploin grilled as you like on top of garlic sourdough toast 18.75
- Chicken Tenders and Fries** 16.25
- Soup and Salad** Baked French Onion, Minestrone or Clam Chowder Soup, and Green, Caesar or Spinach Salad 13.25





SIGNATURE PASTAS

- Pesto Linguine** Our homemade pesto is a mix of organic basil, pine nuts and almonds blended with our Alfredo sauce then garnished with grape tomatoes 18.25 
Served with sautéed chicken or sautéed prawns 3.95
- Penne with Chicken** Sautéed chicken pieces, mushrooms, peppers and penne noodles tossed in a rich white wine basil cream sauce 19.50
- Lasagna - Mama Pulosi’s Secret Homemade Recipe**
Pasta layers filled with rich meat sauce, ricotta and parmesan cheeses and then baked with mozzarella 19.75
- Linguine with Clams**
A traditional alle Vongole with littleneck clams, garlic, chili flakes and extra virgin olive oil 18.95 
- Chicken Alfredo with Mushroom and Mascarpone Cheese Ravioli**
Sautéed chicken pieces and bacon in our creamy Alfredo sauce and mixed with wild mushroom and mascarpone cheese ravioli 21.50
- Fettuccine Alfredo** Our spinach and egg fettuccine noodles with a creamy Alfredo sauce 17.50
Served with sautéed chicken for 3.95
- Seafood Fettuccine Alfredo** Spinach and egg fettuccine noodles tossed with Alfredo sauce, sautéed prawns, scallops and mushrooms 21.50 
- Fettuccine Con Pollo** Sautéed chicken and mushrooms in a tangy white sauce baked with mozzarella and cheddar cheese 20.25
- Manicotti** Tubes of pasta filled with ricotta, mozzarella, pecorino romano, and spinach, topped with marinara sauce and melted mozzarella 19.50 
- Tortellini Pomodoro** Rainbow tortellini stuffed with cheese in a rich rosé basil cream sauce with mushrooms, peppers, tomatoes and garlic 18.50 
Served with sautéed chicken or sautéed prawns 3.95
-  Seafood Linguine Marinara** Sautéed bay scallops, clams, prawns and blue shelled mussels tossed with linguine noodles in a garlic marinara sauce 20.50 

FROM OUR GRILL

- Chicken Parmigiana** A hand-breaded chicken breast, fried to a golden brown, topped with marinara sauce and melted parmesan and mozzarella cheeses. Served with spaghetti with marinara sauce or fries 22.75
- Roasted Garlic Grilled Chicken** A breast of chicken marinated with garlic and lemon and then grilled. Served over linguine noodles tossed with roasted garlic butter and topped with pesto tomatoes and parmesan cheese 22.75
- Hunter’s Chicken** A breaded chicken breast fried to a golden brown and topped with mushrooms and hollandaise sauce. Served with our spaghetti with marinara sauce or fries 23.25
- Baby Back Ribs** A pound of baby back pork ribs, slow cooked, basted with our own Smokey Barbeque Sauce and charbroiled to perfection. Served with spaghetti with marinara sauce or fries 25.25
- New York Steak** An 8oz center cut grass fed New York steak served with sautéed mushrooms and spaghetti with marinara sauce or fries 25.95
Add a skewer of sautéed prawns 3.95

SIDES

- Clam Chowder Soup** New England style with bacon 6.50
- Baked French Onion Soup** 6.75 
- Minestrone Soup** 6.25 
- Sautéed Mushrooms** Half a pound of fresh whole mushrooms 6.25 
- Fresh Broccoli** Flavoured with mizithra cheese and browned butter 4.95 
- Meatballs and Marinara Sauce** 3 hand-rolled meatballs 5.25
- Prawns** Skewer of sautéed prawns 3.95
- Chicken** Sautéed diced chicken breast 3.95
- Substitute Gluten Free Vegetable Pasta** 1.50
Ask us about our gluten-free menu
- Substitute Multigrain Pasta** 1.50
- French Fries** 3.95 

BEVERAGES

- Soft Drinks** (Refillable) 3.25
- Flavoured Lemonade / Iced Tea**
Strawberry, Raspberry, Mango, Peach 4.25
- Ice Cream Smoothies**
Cookie Monster, Mango Frosty 4.50
- Italian Cream Sodas** *Cherry, Blackberry, Strawberry, Raspberry* 4.25
- Espresso, Latte, Americano, Café Mocha** 2.95